

# WERE WE COMPATIBLE ?

Dr. Love's Post-Relationship  
Test: Why Blame Yourself  
If You Just Weren't Compatible?

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TILL DEATH DO US PART  
(UNLESS I KILL YOU FIRST)

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## Were We Compatible?

When a relationship or marriage ends, it's important to understand what went wrong, so you can heal, move on, and not make the same mistakes again.

There are many reasons why a marriage can fail. Incompatibility is top of the list.

It's vital for you to find out if you and your ex were incompatible, for several reasons:

- 1) Since incompatibility is nobody's fault, finding out that you weren't right for each other can help you stop finger pointing.
- 2) When blaming stops, you'll feel more ready to move on and put the relationship with your ex. to bed.
- 3) Knowing who's wrong for you helps you understand more about the type of person who is right for you. This knowledge will protect you from choosing Mr. or Ms. Wrong again, and help you to recognize the right partner when he or she comes along.

I bet you'll be surprised to learn that psychologists can predict with an astonishing 98% accuracy rate whether a relationship will make old bones or end up in the bone yard. Research shows that homogamy--or similarity--is the key to compatibility. I'm going to assess the level of homogamy that you and your ex-partner shared. So we can find out whether you were sexually, financially, religiously, and spiritually compatible...

And whether you shared common interests, hobbies, personality traits, emotional communication styles, intimacy needs, problems solving methods, and much more.

Do not skip any questions except the ones that say "you may skip this question if it doesn't apply.

- 1) We shared many common interests. T or F. (T)
- 2) We had many mutual friends that we enjoyed. T or F. (T)
- 3) Our feelings for each other grew stronger each day. T or F. (T)
- 4) We agreed on how much time we needed to spend together and apart. T or F. (T)
- 5) My partner and I were able to discuss and agree on who paid for what. T or F. (T)

- 6) We fought more often than one or both of us liked. T or F. (F)
- 7) One or both of us hoped that the other person would change. T or F. (F)
- 8) We agreed on whether or not we would worship together as a couple. T or F. (T)
- 9) One or both of us felt that money, sex or work created conflicts for us. T or F. (F)
- 10) We both felt that we could depend on each other when emotional support was needed. T or F. (T)
- 11) When we were angry with each other, one or both of us yelled and called the other names. T or F. (F)
- 12) We were both satisfied with our sex life. T or F. (T)
- 13) I liked the way my partner planned for our future financial security(i.e. insurance, savings, investments etc.). T or F. (T)
- 14) We had similar tastes in music, art, entertainment, etc. T or F. (T)
- 15) We argued about sex. T or F. (F)
- 16) One of us always tried to win when we fought. T or F. (F)
- 17) We were usually relaxed around each other. T or F. (T)
- 18) One or both of felt that work got in the way of our relationship. T or F. (F)
- 19) Our love grew stronger each day. T or F. (T)
- 20) One or both of felt that a past sexual relationship negatively affected our relationship. T or F. (F)
- 21) My partner complained that there were certain issues that I would not discuss with him/her. T or F. (F)
- 22) I respected the way my partner used credit cards in his/her financial management. T or F. (T)

- 23) I wanted my partner to change the way he/she handled angry feelings. T or F. (F)
- 24) We liked to go to the same kinds of places. T or F. (T)
- 25) We both enjoyed many of the same hobbies. T or F. (T)
- 26) My partner and I were similar when it came to the importance we give to social status, money, and possessions in our lives. T or F. (T)
- 27) One or both of us found ourselves hoping that the other person would change the way he/she behaved. T or F. (F)
- 28) My partner pulled away from me more than I was comfortable with. T or F. (F)
- 29) We had problems because one or both of us placed work ahead of the relationship. T or F. (F)
- 30) Our problem solving styles were very different and caused us trouble. T or F. (F)
- 31) One or both of us was concerned about the other's previous sexual experiences. T or F. (F)
- 32) At one time, I think we both wanted to spend the rest of our lives together. T or F. (T)
- 33) When we disagreed, we could usually resolve our conflict right away. T or F. (T)
- 34) One or both of us worshiped more often than the other, and this was a problem. T or F. (F)
- 35) One or both of us felt frightened by the other person. T or F. (F)
- 36) One or both of us felt that the other person put work, other friends, television watching, or outside interests ahead of the relationship. T or F. (F)
- 37) After a fight, one or both of us stayed angry with the other person for days. T or F. (F)
- 38) One or both of us was worried that our expenses exceeded our income. T or F. (F)
- 39) I was accepted by my partner's family and vice versa. T or F. (T)
- 40) We shared similar religious (or spiritual) beliefs. T or F. (T)
- 41) One or both of us couldn't seem to let go of a past relationship. T or F. (F)

- 42) We were often bothered by each other's habits or behaviors. T or F. (F)
- 43) My partner felt that I pulled away from him/her too often. T or F. (F)
- 44) We agreed on whether our relationship as a couple would come ahead of our relationships with our first families. T or F. (T)
- 45) Our money values were very similar (i.e. we agreed on how much money should be saved for retirement vs. spent, etc.) T or F. (T)
- 46) Jealousy on one or both of our parts created problems. T or F. (F)
- 47) Different views on religion caused problems for us. T or F. (F)
- 48) A previous lover or memories of a previous lover caused problems in our relationship. T or F. (F)
- 49) I felt that my partner was responsive to my needs and my partner felt that I was responsive to his/hers. T or F. (T)
- 50) We agreed on how much time we wanted to spend alone as a couple and how much time we wanted to spend socializing with other couples. T or F. (T)
- 51) One or both of us only felt happy when we were together. T or F. (F)
- 52) Sometimes one or both of us worried that our love wouldn't stand the test of time. T or F. (F)
- 53) I was OK with my partner's situation regarding his/her assets and debts. T or F. (T)
- 54) We were both willing to admit when we were wrong or had made a mistake. T or F. (T)
- 55) We agreed on the amount of sex that we had (how many times per day, week, month, etc.). T or F. (T)
- 56) We both agreed on how much religion would be a part of our lives. T or F. (T)
- 57) One or both of us was fearful that we would be harmed by the other. T or F. (F)
- 58) One or both of us often wondered what the other person was thinking or feeling. T or F. (F)

- 59) We both respected each other's desire to perform individual activities and to spend time alone. T or F. (T)
- 60) We were comfortable with each other's level of neatness. T or F. (T)
- 61) We had friends that supported the lifestyle and beliefs that we value. T or F. (T)
- 62) My partner felt that I listened to him/her. T or F. (T)
- 63) Past emotional involvements negatively affected our relationship. T or F. (F)
- 64) Jealousy was a problem in our relationship. T or F. (F)
- 65) We agreed on the type of sex that we had (positions, etc.). T or F (T)
- 66) My partner got even with me when he/she was angry at me. T or F. (F)
- 67) We both were similar in our desire to continue growing and learning. T or F. (T)
- 68) We often didn't understand how the other person felt. T or F. (F)
- 69) One or both of us had difficulty compromising. T or F. (F)
- 70) We were both comfortable with how we both spent money. T or F. (T)
- 71) One or both of us was stubborn and inflexible. T or F. (F)
- 72) My partner felt that I got even with him/her when I was angry. T or F. (F)
- 73) My partner and I agreed on the division of household tasks. T or F. (T)
- 74) One or both of us used sex to control the other. T or F. (F)
- 75) We both usually reached the goals that we set for ourselves. T or F. (T)
- 76) My partner was willing to listen when I wanted to talk over something that was bothering me. T or F. (T)
- 77) Suspiciousness created problems in our relationship. T or F. (F)

- 78) When it came to free time, we both generally agreed on how we liked to spend it. T or F. (T)
- 79) We could talk about our sexual fears, preferences, and dislikes. T or F. (T)
- 80) One or both of us was upset by the other person's choice of hobbies or recreational activities. T or F. (F)
- 81) I liked to talk my feelings out when I was upset and my partner did too. T or F. (T)
- 82) My partner smothered me. T or F. (F)
- 83) Differences in our backgrounds caused problems with how we spent money. T or F. (F)
- 84) One or both of us worried that the other person wasn't being honest. T or F. (F)
- 85) We had problems because our earnings were unequal. T or F. (F)
- 86) One or both of us valued keeping peace at any price, while the other did not. T or F. (F)
- 87) We both discussed and agreed on whether or not we would be sexually faithful to each other. T or F. (T)
- 88) We both knew what we thought and felt and were willing to share this information with each other. T or F. (T)
- 89) One or both of us felt that the other was too possessive or clingy. T or F. (F)
- 90) We could usually resolve our differences. T or F. (T)
- 92) We both felt respected by each other. T or F. (T)
- 93) One or both of us worried that we were involved with the wrong person. T or F. (F)
- 94) We both agreed on how much we wanted to experiment with various sexual practices and positions. T or F. (T)
- 95) My partner and I enjoyed many of the same hobbies and recreational activities. T or F. (T)
- 96) We both hoped that our relationship would grow and evolve over time. T or F. (T)
- 97) One or both of us avoided discussing our disagreements. T or F. (F)



98) We both sought the other person's input before making decisions that affected both of us.  
T or F. (T)

99) I was upset that there were certain issues that my partner would not discuss with me. T or  
F. (F)

100) I respected my partner's future goals and ambitions. T or F. (T)

101) The social and economic lifestyles of our families were so different that it caused problems  
between us. T or F. (F)

### **Children and Child Rearing.**

Even if you didn't have children, it's important to examine whether you were compatible on this  
subject.

102) My partner and I agreed that our children would not come ahead of our relationship as a  
couple. T or F. (T) (If you didn't have children, skip this question.)

103) My partner and I both agreed on whether we wanted children or not. T or F. (T)

104) We were in agreement on how to combine careers and child rearing. (If you didn't have  
children, skip this question.) T or F. (T)

105) My partner and I agreed on how to divide the responsibilities of child care and child  
rearing. (If you didn't have children, skip this question). T or F. (T)

106) One of us wanted kids, but the other did not. T or F. (F)

107) One of us wanted kids right away, but the other did not. T or F. (F)

108) We disagreed on how to raise children. (If you didn't have children, skip this question). T or  
F. (F)

109) We have discussed some of the changes that our relationship would go through if we had  
children. T or F. (T)

110) One or both of our families interfered with the way we raised our children. (If you didn't  
have children, skip this question). T or F. (F)

## **CALCULATING YOUR LEVEL OF COMPATIBILITY WITH YOUR EX**

Count up the number of wrong answers, remembering to score the allowable skipped questions as correct answers.

Each wrong answer indicates your areas of incompatibility.

### **Up to 5 wrong:**

You Were Highly Compatible with your Ex.

Based upon your responses, it appears that you and your ex had a high level of compatibility. I suggest that you study all the questions that were "wrong" and reflect on whether these areas of difference were actually the cause of your break-up.

You will also want to find out if there were other reasons why the relationship didn't work out. For example, my guide "Why Didn't it Work out With My Ex" will tell you if your relationship ended because your ex had emotional baggage that prevented him/her from forming a relationship with you.

I also recommend that you check your "Relationship IQ" to find out how well you handle common relationship roadblocks. If you're lacking in some necessary skills, it's good to know so you can fix your deficits and not fall into similar traps in the future.

I also want you to do your "Psychological Check-Up" and read Till Death Do Us Part:(Unless I Kill You First) to identify and heal your own emotional baggage, which will interfere with your ability to choose a better partner for yourself in the future and/or create problems in your next relationship.

Finding out to what degree you were or weren't compatible with your ex is vital. Knowing the ways in which you didn't click tells you a lot about the type of person to avoid in the future. But that's not enough. I recommend you use my "Create a Mate" guide in order to clarify the type of partner who is most compatible with you.

Knowing who is right will help you recognize Mr. or Ms. Right when you meet. Then, before you give your heart away, make absolutely certain that your intended truly matches your ideal partner using my "Critical Questions to Ask Before You Get Close" guide.

### **6-10 wrong:**

## You Had a Few Areas of Incompatibility

Your responses tell me that you and your ex were incompatible in some important areas. Study all the wrong answers to find out your exact areas of incompatibility.

Keep in mind that certain differences are less crucial than others. For example, if one of you is a political liberal and the other is a conservative that value clash probably may have had no impact on the relationship. However, if one of you was a politician and expected the other to join in election campaigns, then a political value clash could have negatively affected the relationship. Study your areas of incompatibility and see how vital they were.

Keep in mind that differences regarding money, sex, religion, and child rearing are more problematic since these core values affect your day-to-day life. If you uncovered differences in your core values, you can be assured that your areas of incompatibility were real deal breakers.

If it appears that you and your ex were actually compatible, you will want to find out if there were other reasons why the relationship didn't work out. For example, "Why Didn't it Work out With My Ex" will tell us if the relationship ended because your ex had emotional baggage that prevented him/her from forming a solid relationship with you.

I also recommend that we check your "Relationship IQ" to find out how well you handle common relationship roadblocks. If you're lacking in some necessary skills, I'll let you know, so that you don't fall into similar traps in the future.

I also want you to do your "Personality Profile" and read *Till Death Do Us Part: (Unless I Kill You First)* to identify and heal your own emotional baggage, which will interfere with your ability to choose a better partner for yourself in the future and/or create problems in your next relationship.

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**11 or more wrong:**

## You Had Many Areas of Incompatibility

You and your ex were not similar enough to be compatible.

Study your wrong answers. Each wrong answer reflects a major area of incompatibility. Make sure to identify these areas of incompatibility so that you are careful not to choose another partner who is incompatible with you in these areas.

Keep in mind that certain differences are less crucial than others. For example, if one of you was a political liberal and the other was a conservative that value clash probably may have had no impact on the relationship. However, if one of you was a politician and expected the other to join in election campaigns, then a political value clash could have negatively affected the relationship. Study your areas of incompatibility and see how vital they were.

Keep in mind that differences regarding money, sex, religion, and child rearing are more problematic since these core values affect your day-to-day life. If you uncovered differences in your core values, you can be assured that your areas of incompatibility were real deal breakers.

You may also want to find out if there were other reasons why the relationship didn't work out. For example, "Why Didn't it Work out With My Ex" will tell us if the relationship ended because your ex had emotional baggage that prevented him/her from forming a solid relationship with you.

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