

WHAT'S YOUR RELATIONSHIP IQ?

Dr. Love's 25 Keys for
Learning About Your
Relationship Intelligence

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**TILL DEATH DO US PART
(UNLESS I KILL YOU FIRST)**

LoveQuest Publishing
P.O. Box 475
Millbrook, NY 12545

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What's your Relationship IQ?

The following test assesses how well you function in relationships. The higher your Relationship IQ score, the happier you're going to be in your relationships.

When you answer my questions, don't choose what you think is the "right" answer. Just give me your honest responses, selecting the answer that is closest to what you would actually do or say in the given situation. Your honest responses will enable me to make an accurate assesment, identify any skill deficits, and give you recommendations on how to improve the weak areas.

If you find out that your score is not as high as you had hoped, don't worry. We're all works in progress. Just combine this test you're your Psychological Check-Up and put all my recommendations into practice. You will be amazed at how your live and relationships improve!

Q. 1) You have been dating for a few weeks and your partner is pushing you to have sex before you are ready. Do you:

- 1) Ask if your partner is suffering from a hormone imbalance?
- 2) Threaten to break up.
- 3) Tell your partner that you're attracted to him/her but don't feel ready to have sex yet.

--Ideal answer is 3

Q. 2) Your partner has a habit of arriving late to your scheduled appointments and you are annoyed. Do you:

- 1) Yell at him/her
- 2) Brush your feelings under the rug.
- 3) Tell him/her calmly how you feel about her behavior and ask him/her to be more punctual in the future.

--Ideal answer is 3

Q. 3 Your partner has been spending too much time with

outside activities with other friends and you are feeling neglected. Do you:

- 1) Get even by being too busy to get together the next time he/she invites you out.
- 2) Tell him/her directly about how you are feeling.
- 3) Just say nothing.

--Ideal answer is 2

Q. 4 You have been sexually involved for some time. There is only one problem. Your partner doesn't always spend as much time on foreplay as you would like. The next time sex is on the program, do you:

- 1) Snap at your partner and say, "How about an appetizer before the entree!!!"
- 2) Refuse sex.
- 3) You wait until you are making love and then ask your friend to prolong foreplay using words of encouragement (that feels great, don't stop).

--Ideal answer is 3

Q. 5 Your partner has been flirting with someone else right under your nose. You are hurt and angry. Do you:

- 1) Wait until you are alone and discuss the issue.
- 2) Flirt with someone else, so he/she can see what it feels like.
- 3) Make a scene right then and there.

--Ideal answer is 1

Q. 6 It's time to have sex. You want to use a condom until you both get tested for STDs (sexually transmitted diseases) but your partner does not want to. Do you:

- 1) Give in and have unprotected sex.
- 2) Maintain your limit, but remind your partner that you are looking forward to having unprotected sex as soon as you can.
- 3) Say sarcastically, "Did you forget your raincoat at the office," hoping your partner will get the hint that you aren't happy having sex without protection.

--Ideal answer is 2

Q. 7 You are crazy for him/her but aren't sure if the feeling is mutual. Do you:

- 1) Ask his/her best friend.
- 2) Just give up.
- 3) Arrange to bump into him/her when possible and try to start up a conversation.

--Ideal answer is 3

Q. 8 You and your best friend like the same person. Do you:

- 1) Give up on the person you like so your friend can have him/her.
- 2) Discuss the matter with your best friend.
- 3) Go after the person you like anyway and let the best man or woman win.

--Ideal answer is 2

Q. 9 You have been friends for a while. You want to become lovers but are afraid to risk the friendship. Do you:

- 1) Just keep quiet and try to enjoy the friendship.
- 2) Speak in general terms about someone that you care for and hope that he/she realizes who you are talking about.
- 3) Openly discuss your feelings, including your desire not to risk the friendship.

--Ideal answer is 3

Q. 10 Your partner has been acting moody and losing his/her temper. Do you:

- 1) Act moody back and hope he/she gets the hint.
- 2) Ask if you have done something to upset your partner.
- 3) Ignore your partner.

--Ideal answer is 2

Q. 11 When your partner gets upset with you, he/she walks away and won't talk at all. Do you:

- 1) Invite your partner to tell you what you did or say that was upsetting.
- 2) Ignore him/her back.
- 3) Break up.

--Ideal answer is 1

Q. 12 When your partner tries to tell you about something that you said or did that was upsetting, do you:

- 1) Explain why you acted as you did.
- 2) Listen and understand.
- 3) Blame your partner for things that he/she has done wrong.

--Ideal answer is 2

Q. 13 You are at a party and you see him/her. You want him/her to know that you are interested Do you:

- 1) Ask your friend to tell him/her.
- 2) Walk right up to this person and say what you admire about him/her.
- 3) Flirt with other people.

--Ideal answer is 2

Q. 14 You are very angry at your partner and want him/her to know why. Do you:

- 1) Yell and get it off your chest.
- 2) Write a note.
- 3) Calmly describe what your partner said or did and how you feel about it.

--Ideal answer is 3

Q. 15 You are getting the feeling that your partner is losing interest in you. Do you:

- 1) Discuss your feelings.
- 2) Try to be extra nice.
- 3) Start seeing someone else, just in case.

--Ideal answer is 1

Q. 16 Your partner wants you to listen to his/her feelings, but you are feeling very tired. Do you:

- 1) Pretend to listen and hope your partner gets the hint.
- 2) Tell him/her that you would love to listen but that you are too tired. Then ask if you can schedule another time to talk.
- 3) Just say no.

--Ideal answer is 2

Q. 17 You have been having problems discussing an issue. Each time you try to talk you start to argue again. Do you:

- 1) Figure it's time to break up.
- 2) Increase your efforts to listen and understand your partner's point of view.
- 3) Keep repeating your side of the argument hoping your partner will finally get it.

--Ideal answer is 2

Q. 18 Your partner's parents don't seem to like you. Do you:

- 1) Break up.
- 2) Feel depressed.
- 3) Talk to your partner and devise a strategy for winning their hearts.

--Ideal answer is 3

Q. 19 Your best friend seems to be trying to steal your partner. Do you:

- 1) Trash your friend's reputation.
- 2) Break up with your partner.
- 3) Talk to your friend about what he/she is doing and how you feel about it.

--Ideal answer is 3

Q. 20 Your partner has been drinking and partying a lot and you are worried. Do you:

- 1) Mind your own business.
- 2) Ask permission to discuss something that has you worried. When you receive the O.K. to talk, you tell your partner how you feel about his/her behavior.
- 3) You drop indirect comments hoping your partner will get the hint.

--Ideal answer is 2

Q. 21 You are on a first date and you want to connect with him/her. Do you:

- 1) Talk your accomplishments.
- 2) Ask interested questions and listen attentively.
- 3) Sit quietly and hope that he/she is impressed by what a good listener you are.

--Ideal answer is 2

Q. 22 You have noticed that he/she has been glancing in your direction, but never seems to have the nerve to approach you. Do you:

- 1) Give up.
- 2) Glance at him/her, then look away when your eyes meet.
- 3) Approach him/her and start a conversation.

--Ideal answer is 3

Q. 23 You feel that the problems you are having as a couple can't be solved and that it's better to separate. Do you:

- 1) Stop returning your partner's calls.
- 2) Write a note and tell your partner what's wrong with him/her.
- 3) Have a long talk, share your feelings, and leave room for your partner to discuss his/her thoughts and feelings.

--Ideal answer is 3

Q. 24 You want to stop dating others and be exclusive with your partner, but your partner wants to keep seeing others. Do you:

- 1) Tell your partner that either he/she commit to you or it's over.
- 2) Openly discuss your feelings.
- 3) Just break up.

--Ideal answer is 2

Q. 25 When it comes to lovemaking, you don't see eye-to-eye. Your partner pushes for intercourse right away and orgasms very quickly. Do you:

- 1) Say, "I've seen rabbits wait longer."

- 2) Refuse to have sex.
- 3) Ask to talk about the issue outside the bedroom. Discuss what you like about your partner's lovemaking and what would make the experience even better for you.

--Ideal answer is 3

Your Relationship IQ Score

Each question is worth 4 points. For each question that you answered wrong, subtract 4 points from a perfect 100 score. So, if you answered 5 questions wrong, you would subtract 20 points (5x4) from 100. Your IQ score would be 80.

90-100

You have a high Relationship IQ. If you're already in a relationship, rest assured that your skills will help you to keep your love alive. If you're single, know that your skills will help you to form a solid and lasting connection with a woman. Even though your score is high, it's still a good idea to study my list of non-ideal responses and work to make improvements in these areas. When it comes to relationships, you can never be too skilled! Next have me do your Personality Profile, to make sure that childhood baggage doesn't threaten to interfere with your relationships.

70-89

Your Relationship IQ can use a little improvement. Study my list of non-ideal responses and work to make improvements in these areas. Next, have me do your Personality Profile, to make sure that childhood baggage doesn't threaten to interfere with your relationships. I encourage to re-check your Relationship IQ in a little while. I'm sure you will be pleased to discover that all your hard work with me has paid off...and that your Relationship IQ score has increased!

70 and below

Your Relationship IQ needs improvement. Don't despair, keep working with me and you are going to grow in so many ways. Your first growth step is to study my list of non-ideal responses and work to make improvements in these areas. Next, have me do your Personality Profile, to make sure that childhood baggage doesn't threaten to interfere with your relationships. I encourage to re-check your Relationship IQ in a little while. I'm sure you will be pleased to discover that all your hard work with me has paid off...and that your Relationship IQ score has increased!

